

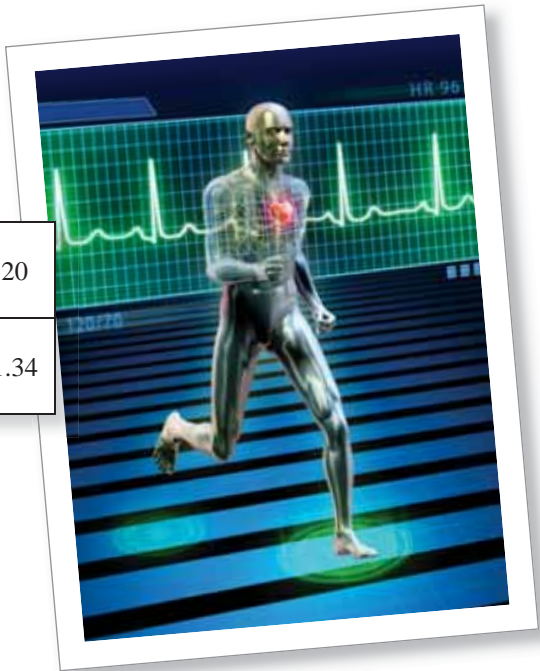
7.3–7.4 Quiz



Heart Rate Recovery In Exercises 1–3, use the information below.

Heart rate recovery is the reduction in heart rate from the rate at peak exercise to the rate 1 minute after the exercise has stopped. It can be used as a predictor of mortality. Heart rate is measured in beats per minute (bpm). The table shows the relative risk of death for various heart rate recoveries.

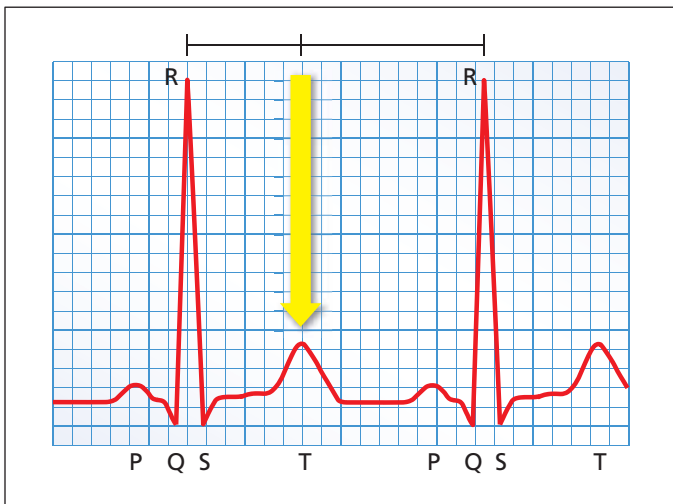
Heart rate recovery (bpm)	6	8	10	12	14	16	18	20
Relative risk of death	6.38	5.18	4.14	3.26	2.54	1.98	1.58	1.34



- Describe the pattern of relative risk of death.
- Extend the pattern to find the relative risk of death when the heart rate recovery is 22 beats per minute.
- Use a spreadsheet to graph the data. Describe the graph.

Golden Heartbeat In Exercises 4–6, use the information below.

The main components of an electrocardiogram (EKG) are the P wave, the electrical activity in the atria; the QRS complex, the electrical activity in the ventricles; and the T wave, the electrical recovery of the ventricles. The electrocardiograms of human heartbeats vary considerably depending on a variety of factors.



- Some people believe that a peaceful heartbeat produces a rhythm related to the golden ratio. Use the EKG to describe how a peaceful heartbeat is related to the golden ratio.



- The table shows the approximate ratio of each successive pair of Fibonacci numbers. Graph the ratios. Identify any similarities to the EKG.

1	/	0	→	∞
1	/	1	=	1
2	/	1	=	2
3	/	2	=	1.5
5	/	3	=	1.667
8	/	5	=	1.6
13	/	8	=	1.625
21	/	13	=	1.615
34	/	21	=	1.619

- Use the Internet to describe how blood pressure is related to the golden ratio.