## Converting Units within a Given System of Measure

## Converting Units

To convert from one type of unit to another, multiply by a convenient form of the number one.


Example: $2 \mathrm{ft}=2 \mathrm{ff}\left(\frac{12 \mathrm{in} .}{1 \mathrm{ff}}\right)=24 \mathrm{in}$.


## Common Unit Conversions

## U.S. Customary

Distance: $1 \mathrm{mi}=5280 \mathrm{ft}$
$1 \mathrm{yd}=3 \mathrm{ft} \quad 1 \mathrm{~m}=100 \mathrm{~cm}$
$1 \mathrm{ft}=12 \mathrm{in} . \quad 1 \mathrm{~cm}=10 \mathrm{~mm}$
Volume/Capacity: $1 \mathrm{gal}=4 \mathrm{qt}$
$1 \mathrm{~L}=1000 \mathrm{~mL}$
$1 \mathrm{qt}=4 \mathrm{cups}$
1 cup $=8 \mathrm{fl} \mathrm{oz}$
Weight/Mass: $1 \mathrm{lb}=16 \mathrm{oz}$
$1 \mathrm{~kg}=1000 \mathrm{~g}$

## EXAMPLE 3 Converting Units

How many seconds are in a calendar year of 365 days?

## SOLUTION

At first, this question might seem overwhelming. But, you can find the answer by simply multiplying by three carefully chosen forms of the number one.

$$
\begin{aligned}
365 \text { days } & =(365 \text { days })\left(\frac{24 \mathrm{hr}}{1 \text { day }}\right)\left(\frac{60 \mathrm{~min}}{1 \text { hi }}\right)\left(\frac{60 \mathrm{sec}}{1 \text { mit }}\right) \\
& =31,536,000 \mathrm{sec}
\end{aligned}
$$

There are $31,536,000$ seconds in a calendar year of 365 days.

## Checkpoint

A solar year is the time it takes Earth to complete one revolution of its orbit about the Sun. A solar year is 365.24218967 days. How many more seconds are in a solar year than in a calendar year?

Help at Math.andYOU.com


